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■ Tasty way to raise funds – Jan Burt's event at Whitwell Village Hall raised more than £1,300 in support of Admiral nurses

Time for a Cuppa time for £1,300

A WOMAN who looks after her husband with dementia has raised more than £1,300 for a charity which supports people with the condition and their

Jan Burt held an event at Whitwell Village Hall as part of the national fundraiser Time for a Cuppa in aid of For Dementia - a charity which supports Admiral Nurses.

Admiral nurses are specialist mental health nurses who work within the NHS and provide practical and emotional support to dementia patients and their carers.

Mrs Burt and her volunteers made cakes and refreshments, and there were 10-minute taster therapy sessions and a raffle.

Mrs Burt said: "There is a desperate need for more nurses to be trained in the area of dementia, particularly in Hertfordshire, and I am pleased I could do something towards this."

For more information about For Dementia, www.fordementia.org.uk