



Forever Freedom

We've taken glucosamine sulphate and chondroitin sulphate - two naturally occurring elements that have been shown to help maintain healthy joint function and mobility - and married them with the rich nutrients of our Stabilised Aloe Vera Gel. To this we've added vitamin C and MSM, a primary source of bio-available sulphur the body needs to maintain healthy connective tissues and joint function. With a natural orange flavour, Forever Freedom is a practical and nutritious way to defend against the signs of ageing and joint wear and tear.

1 litre, code: 196

Other drinks available...

Aloe Berry Nectar
Bits n' Peaches
Aloe Vera Gel

NEW! Forever Pomesteen Power

see page 5



Fast Break Energy Bar

Delicious, sustaining and loaded with the vitamins and minerals your body needs. Fast Break Bars are so tasty you might miss a meal on purpose!

57g, code: 23



choose your lifestyle

Hints & Tips

Working your joints hard? Help protect them from the stresses and strains of sporting activity with our combination drink, Forever Freedom.

fit for life
energise & enrich

Aloe Lips

Our formula of Stabilised Aloe Vera, Jojoba, protectants, and special moisturisers are just what your lips need to feel great all the time. So use our Aloe Lips and feel the difference... 4.25g, code: 22



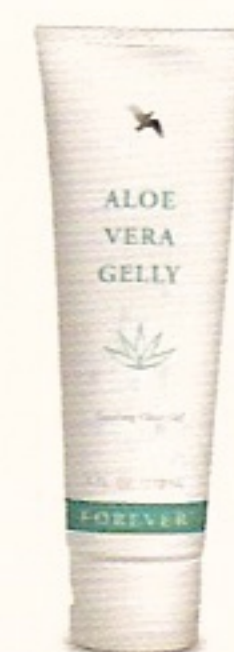
Aloe Sunscreen

Our silky smooth SPF 30 water resistant lotion blocks both UVA and UVB rays. Made with pure Stabilised Aloe Vera Gel, it maintains the skin's natural moisture balance. This sunscreen/ aftersun soothes, lubricates, and protects against sun and wind. Retains SPF after 40 minutes of activity in the water. Non-greasy. 118ml, code: 199



Aloe Vera Gelly

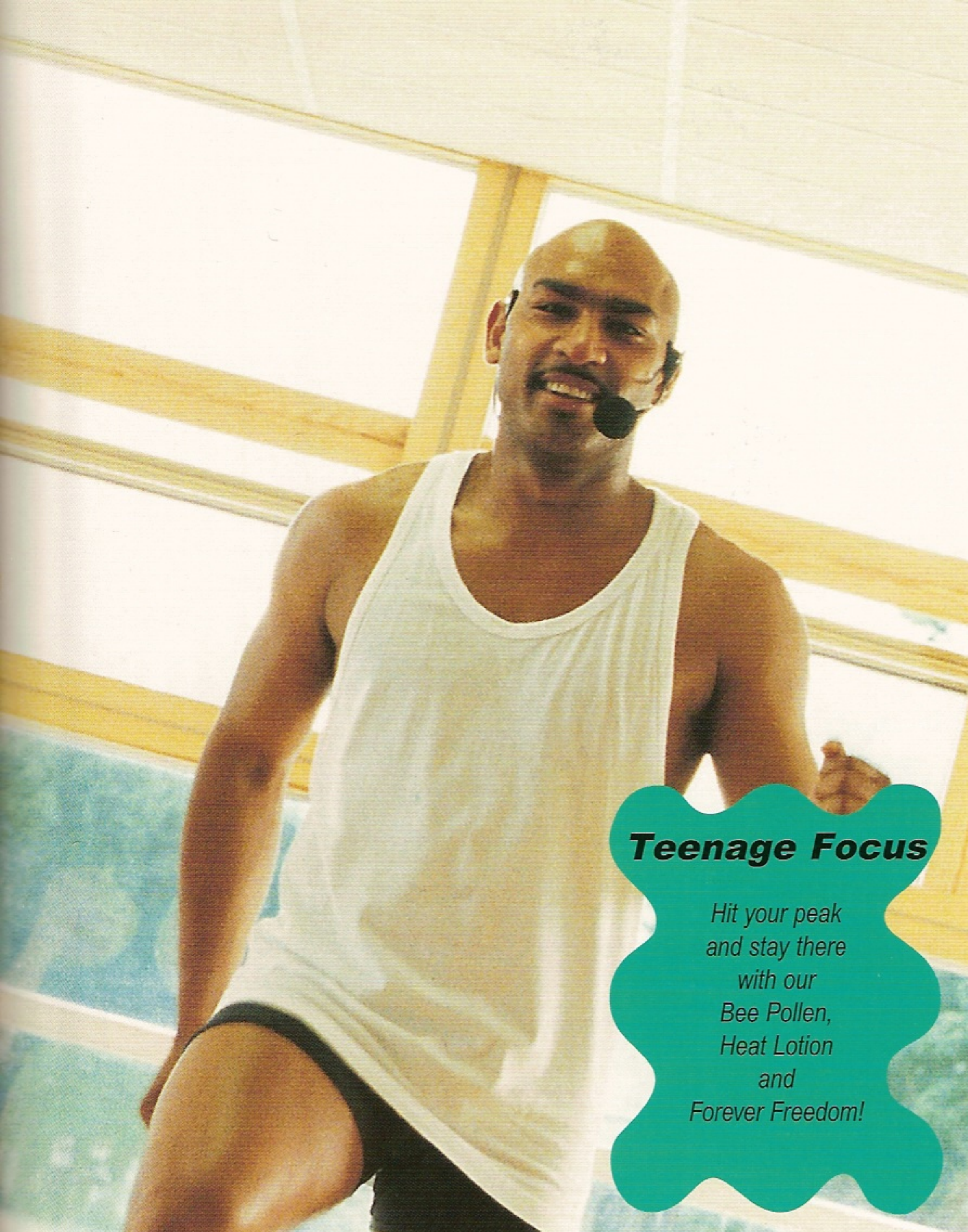
Aloe Vera provides countless benefits for your skin and our Gelly is as pure and potent as if you squeezed it right from the leaf. It soothes and protects the skin, so keep a tube in the kitchen, in the bathroom, and in the car! The benefits of Aloe Vera, without having to grow your own! 118ml, code: 61



Gin-Chia

Two ancient herbs combine to create one modern miracle - a natural product that provides incredible stamina and energy. Each tablet contains 75% of the UK RDA of vitamin C for adults, plus vitamin A, thiamine, riboflavin, calcium, iron, sodium, potassium, protein, honey and capsicum. 100 tablets, code: 47





Teenage Focus

*Hit your peak
and stay there
with our
Bee Pollen,
Heat Lotion
and
Forever Freedom!*

Forever Pro⁷6

A unique blend of six vitamins, minerals and herbs for male prostate health. By tapping into the power of saw palmetto, pygeum extract, lycopene, selenium and other beneficial ingredients, and concentrating them into an easy-to-take tablet supplement, Forever Living Products has created one of the most powerful nutritional supplements for men's prostate health on the market today!



90 tablets, code: 263

Forever Active HA

Forever Active HA provides a unique form of low molecular weight hyaluronic acid, with moisturising and lubricating properties, plus ginger oil and turmeric - making it one of the most powerful nutritional joint and skin moisturising supplements on the market. Forever Active HA is your key to becoming a well-oiled machine again!

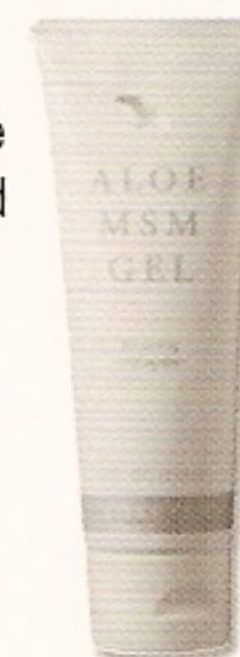


60 softgel capsules, code: 264

Aloe MSM Gel

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MSM stands for methylsulphonylmethane an organic sulphur found in almost all living organisms. In fact, sulphur is the third most abundant substance in our body.



The other main ingredient is pure, Stabilised Aloe Vera. Our Gel combines these two powerful ingredients with herbal extracts and other select ingredients for soothing relief anytime.

Perfect for sports people and those wanting to maintain healthy joint function. Why not try our Forever Freedom drink too? See opposite page. 118ml, code: 205

Aloe Heat Lotion

Penetrating, soothing, Stabilised Aloe Vera Gel teams up with warming herbal agents to provide blissful relief from the strains and pains of the day. Great for tired, aching muscles and feet after a hard day's work, or even as a relaxing massage lotion. So remember the three R's - RUB in Aloe Heat Lotion, RELAX, and REST!



118ml, code: 64

Lycium Plus

For thousands of years, people have used Lycium fruit and liquorice extract to help maintain good health. Here combined in one great product, they provide phytonutrients, vitamins, minerals, beta-carotene, polysaccharides, amino acids and bioflavonoids for excellent health. Lycium Plus is also a strong antioxidant. 100 tablets, code: 72



Bee Pollen

Often called 'Nature's Perfect Food' - pollen has been providing people with energy and nutrition for thousands of years. Each Bee Pollen tablet contains the nutrients essential for good health and the energy and stamina every body needs. 100 tablets, code: 26



Arctic-Sea Super Omega-3

Research over the last few decades has proven the extraordinary health benefits of Omega-3 fatty acids, deficient in many diets. We use only the purest, most potent Omega-3 and add the benefit of Omega-9 fatty acids from olive oil. Each Omega-3 capsule has an EPA content of 225mg and DHA content of 150mg. 60 softgel capsules, code: 39



Nature-Min

Our advanced multi-mineral formula utilises bio available chelated forms of minerals in a base of 100mg of natural seabed deposit. Seabed minerals provide essentially all of the elements found in the human body. Macro and trace minerals are included in this excellent 'must have' supplement. 180 tablets, code: 37



A-Beta-CarE

There has been plenty in the Press about the negative effects free radicals have on the human body - fatigue, ageing, even disease. A-Beta-CarE is serious antioxidant ammunition in the war against free radicals. It contains vitamin A from Beta-Carotene, Selenium, and natural vitamin E, combined in one convenient softgel. 100 softgel capsules, code: 54

