



Forever Freedom

We've taken glucosamine sulphate and chondroitin sulphate - two naturally occurring elements that have been shown to help maintain healthy joint function and mobility - and married them with the rich nutrients of our Stabilised Aloe Vera Gel. To this we've added vitamin C and MSM, a primary source of bio-available sulphur the body needs to maintain healthy connective tissues and joint function. With a natural orange flavour, Forever Freedom is a practical and nutritious way to defend against the signs of ageing and joint wear and tear.

1 litre, code: 196

Other drinks available...
Aloe Berry Nectar
Bits n' Peaches
Aloe Vera Gel



NEW! Forever Pomesteen Power
 see page 5

Multi-Maca

This Peruvian herb has a 2000 year history as a powerful enhancer of libido and stamina. It can provide a variety of benefits for both men and women which include increased energy and a reduction in stress. 60 tablets, code: 215



Calcium

Calcium is an ultra dense Calcium Citrate formula that supplies your body with 100% of the daily recommended dietary intake of calcium. Blended with a hint of vanilla flavour, four tablets contain 1000mg of calcium combined with 400IU of vitamin D and 400mg of magnesium - both essential for maximising calcium absorption. Two Calcium with breakfast, and two with dinner is an easy, effective way to ensure you're getting the calcium you need for the promotion of good bone health.

90 tablets, code: 206



A-Beta-CarE

There has been plenty in the Press about the negative effects free radicals have on the human body - fatigue, ageing, even disease. A-Beta-CarE is serious antioxidant ammunition in the war against free radicals. It contains vitamin A from Beta-Carotene, Selenium and natural vitamin E, combined in one convenient softgel.

100 softgel capsules, code: 54



Garlic-Thyme

Two historically beneficial herbs in one great formula! Each odourless softgel contains the equivalent of 1000mg of fresh garlic, shown in recent studies to maintain good health.

100 capsules, code: 65



choose your lifestyle



Forever Pro⁷6

Forever Living Products has created one of the most powerful nutritional supplements for men's prostate health on the market today!

See p7 for full description.

90 tablets, code: 263



Forever Active HA

One of the most powerful nutritional joint and skin moisturising supplements available today. Forever Active HA is your key to becoming a well-oiled machine again!

See p7 for full description.

60 softgel capsules, code: 264



B12 Plus

Vitamin B12 and folic acid are intricately involved in metabolic processes. Since vitamin B12 works to reactivate folic acid, a lack of B12 results in a folic acid deficiency, if its levels are only marginal. The time-release formula is based on technology which provides a steady intake of the active ingredients to the body, resulting in excellent long-lasting effects.

60 tablets, code: 188



Nature-Min

Our advanced multi-mineral formula utilises bio available chelated forms of minerals in a base of 100mg of natural seabed deposit. Seabed minerals provide essentially all of the elements found in the human body. Macro and trace minerals are included in this excellent 'must have' supplement. 180 tablets, code: 37



Ginkgo Plus*

Consider this supplement great 'Food For Thought'! It was developed with one of the world's foremost herbal authorities, combining Ginkgo Biloba Extract with Reishi Mushroom, Schisandra Berries and Cured Fo-Ti. This synergistic formulation has been found to increase circulation of blood to the brain, aiding short and long-term memory and mental alertness. 60 tablets, code: 73

