

choose your lifestyle

**Forever Kids**

**A** fun and delicious way to give your kids the nutrients they need. These animal-shaped chewable multivitamins provide growing kids with the vital vitamins, minerals and phytonutrients they may be lacking. Formulated without sugar, artificial sweetener, artificial colours or preservatives. Your kids will love the orange or grape flavours, and you'll love the peace of mind. 120 tablets, code: 198

**Berry Nectar**

**W**e begin with all the goodness of our Aloe Vera Gel, and then add a refreshing twist of apple and cranberry juice concentrates for a flavour your whole family will enjoy! Don't let the great taste fool you, it's a nutritional powerhouse! There's vitamins C and A, as well as potassium and real cranberry juice added to all the ingredients of our Aloe Vera Gel. Try it - you'll love it! 1 litre, code: 34

Other drinks available...

**Bits n' Peaches**  
**Forever Freedom**  
**Aloe Vera Gel**

**NEW! Forever**  
**Pomesteen Power**

see page 5

**Absorbent-C**

**W**e take 100% of the UK RDA of Vitamin C from natural Citrus bioflavonoids like oranges and papayas, and bond it with oat bran (for extra fibre). This allows maximum absorption. A great-tasting chewy tablet that your whole family will love! 100 tablets, code: 48

**Garlic-Thyme**

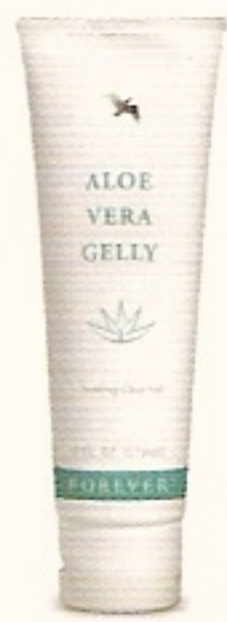
**T**wo historically beneficial herbs in one great formula! Each odourless softgel contains the equivalent of 1000mg of fresh garlic, shown in recent studies to maintain good health. 100 capsules, code: 65

**Aloe Liquid Soap**

**A**re you ready to throw out every bar of soap in your home! You will be, after you try our natural, moisturising liquid soap. Based on 100% Stabilised Aloe Vera, along with other natural cleansers and moisturisers, this no-tears formula is the perfect soap for all around the home. 473ml, code: 38

**Aloe Vera Gelly**

**A**loe Vera provides countless benefits for your skin and our Gelly is as pure and potent as if you squeezed it right from the leaf, with much less mess! It soothes and protects the skin, so keep a tube in every room, and in the car! All the benefits of Aloe Vera, without having to grow your own! 118ml, code: 61

**Forever Bright Toothgel**

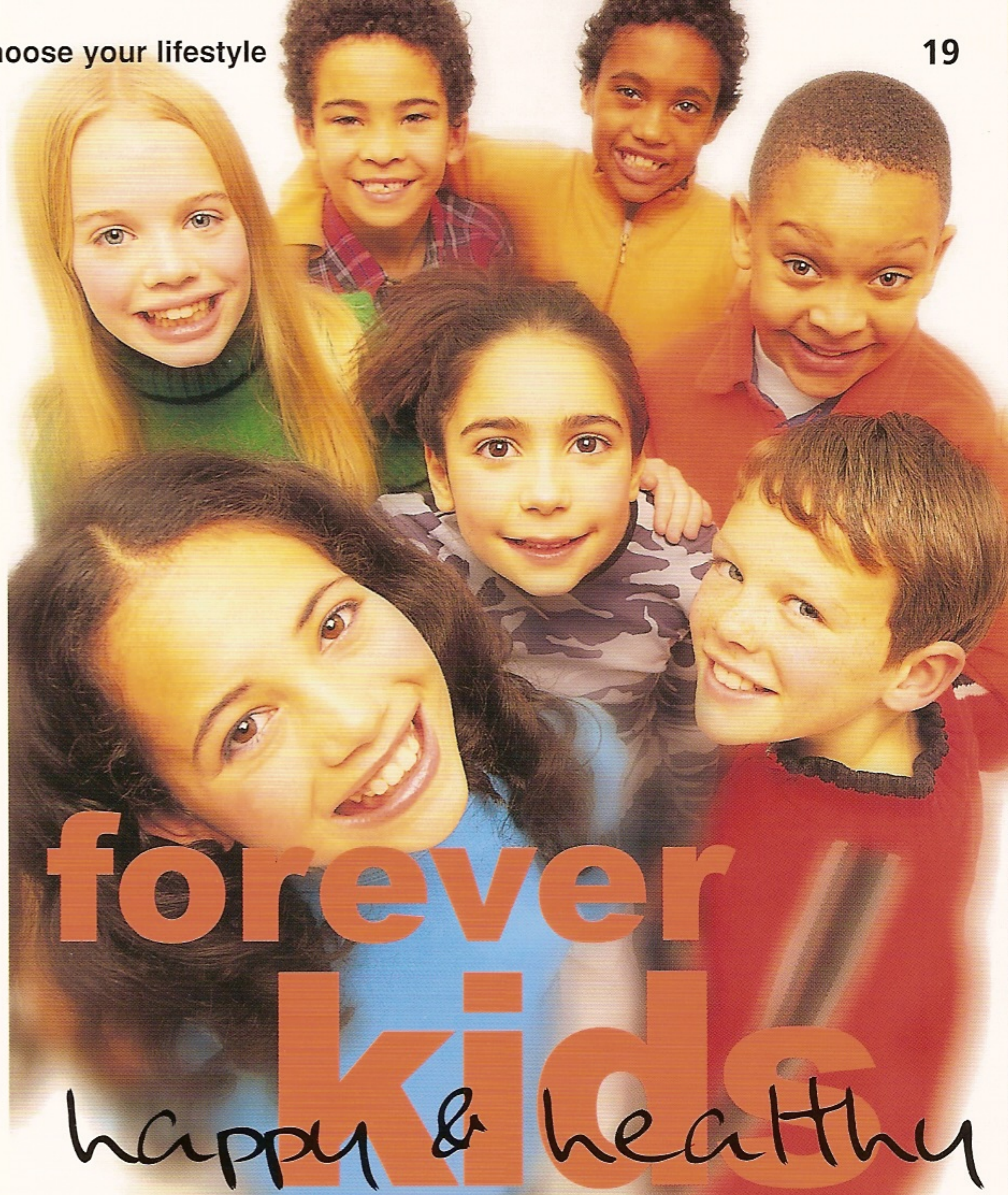
**T**his non-abrasive formula uses the power of 100% Stabilised Aloe Vera Gel to clean, nourish, strengthen and protect your teeth and gums. The great minty taste is popular with all the family. 130g, code: 28

**Aloe Sunscreen**

**O**ur silky smooth SPF 30 water resistant lotion blocks both UVA and UVB rays. Made with pure Stabilised Aloe Vera Gel, it maintains the skin's natural moisture balance. This sunscreen/aftersun soothes, lubricates, and protects against sun and wind. Retains SPF after 40 minutes of activity in the water. Non-greasy. 118ml, code: 199

**Aloe First**

**A** natural soothing spray for topical skin care. Our Aloe Vera Gel has full-strength enzymes and a rich assortment of amino acids, minerals, and vitamins. Just a few sprays bring quick relief to even the hardest to reach places. When you need the benefits of Aloe Vera, reach for Aloe First! 473ml, code: 40



Don't forget... our daily skincare on page 10